

W-29 Mystic - Stonington - North Stonington 13.4 miles

Start: Mystic Middle School, Mistuxet Av, Mystic

Cue	Leg	Total	Direction		Cue	Leg	Total	Direction
←		0.0	L Mistuxet Av		←	0.1	8.7	L Main ST
→	0.4	0.4	R Pequotsepos Rd		←	0.30	9.00	L Broad ST
←	0.9	1.3	L Jerry Browne Rd		→	0.1	9.1	R Water St
→	0.5	1.8	R Deer Ridge Rd		→	0.1	9.2	R Alpha Ave
→	1.1	2.9	R Pequot Trail	F	←	0.3	9.4	L Trumbull Ave
↙	2.2	5.1	R N. Main St	i	→	0.2	9.6	R N Water St
↑	1.6	6.7	S N. Main St	r	→	0.6	10.2	L Rte 1
→	0.7	7.4	L Trumbull Ave	s	→	0.7	10.9	R Montauk Av
→	0.1	7.5	R Alpha Ave	t	←	1.5	12.4	L Deans Mill Rd
↙	0.2	7.7	L Water St	F	↖	0.1	12.5	L Mistuxet Av
	0.7	8.4	U Stonington Point	o	↙	0.2	12.7	L Mistuxet Av
→	0.2	8.6	R Diving ST	d	←	0.7	13.4	L parking lot and finish

Second Fold

Cycling Guidelines and Responsibilities

- All cyclists on organized rides must wear an approved helmet.
- Be prepared by bringing adequate clothing, food, water, tools and spare tube.
- Act responsibly:
 - **Obey all traffic laws (e.g. stop lights, stop signs, stay to the right, ride single file in traffic)**
 - When stopping, get well off the traveled portion of the road.
 - Be considerate. When appropriate, communicate and signal, i.e. "on your left", "car up", "car back"
- Enjoy the ride