

W-28 Mystic - Stonington - North Stonington 21.5 miles

Start: Mystic Middle School, Mistuxet Av, Mystic

Elevation 1283 ft

Cue	Leg	Total				Cue	Leg	Total		
←T		0.0	L	Mistuxet Av		↑	1.6	12.9	S	Taugwonk Rd
+→	0.4	0.4	R	Pequotsepos Rd		↑	3.1	16.0	S	Pequot Trail
←T	0.9	1.3	L	Jerry Browne Rd		↙	0.3	16.3	L	N. Main St
T→	0.5	1.8	R	Deer Ridge Rd		+→	1.5	17.8	R	Rte 1
T→	1.1	2.9	R	Pequot Trail	F	T→	1.3	19.1	R	Montauk Av
↙	1.4	4.3	L	Al Harvey Rd	i	←	1.4	20.5	L	Deans Mill Rd
←	2.5	6.8	L	Rte 184	r	↖	0.1	20.6	L	Mistuxet Av
+→	1.3	8.1	R	Rte 201	s	↙	0.2	20.8	L	Mistuxet Av
T→	3.2	11.3	R	Jeremy Hill Rd	t	←	0.7	21.5	L	parking lot and finish

F
i
r
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d

Second Fold

Third Fold

Cycling Guidelines and Responsibilities

- All cyclists on organized rides must wear an approved helmet.
- Be prepared by bringing adequate clothing, food, water, tools and spare tube.
- Act responsibly:
 - **Obey all traffic laws (e.g. stop lights, stop signs, stay to the right, ride single file in traffic)**
 - When stopping, get well off the traveled portion of the road.
 - Be considerate. When appropriate, communicate and signal, i.e. "on your left", "car up", "car back"
- Enjoy the ride