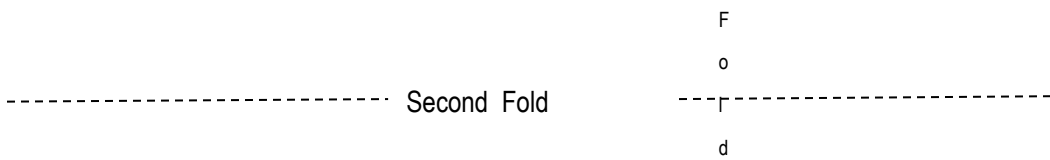


W-101 Stonington Velvet Mill 15.7 Miles

Start: Velvet Mill 22 Bayview Ave

Leg	Total	Directions	Leg	Total	Directions
0	0	R Bayview Ave	0.2	5.8	R Al Harvey Rd
0.1	0.1	L ElmSt	2.5	8.3	R Rt 184
0.1	0.2	R Cutler St	0.7	9	R Wheeler Rd
0.3	0.5	R North Water Street	3.1	12.1	L Pequot Trail
0.7	1.2	L Stonington Rd (Rt 1)	0.8	12.9	R North Main St
1.4	2.6	R Cove Rd	F 1.6	14.5	S North Main St
1.5	4.1	R Mistuxet Ave	i 0.8	15.3	L Cutler St
0.2	4.3	R Mistuxet Ave	r 0.2	15.5	L Elm St
0.2	4.5	L Pelligrino Rd	s 0.1	15.6	R BayView Ave
0.7	5.2	L Flanders Rd	t 0.1	15.7	L Velvet Mill Parking lot
0.4	5.6	L Pequot Trail			



Cycling Guidelines and Responsibilities

All cyclists on organized rides must wear an approved helmet.

Be prepared by bringing adequate clothing, food, water, tools and spare tube.

- Act responsibly:
 - Obey all traffic laws (e.g. stop lights, stop signs, stay to the right, ride single file in traffic)
 - When stopping, get well off the traveled portion of the road.
- Be considerate.
 - When appropriate, communicate and signal, i.e. "on your left", "car up", "car back"
- Enjoy the ride