

Pequot Cyclists Time Trial Rules

Revision – 3/27/07

1. Riders will follow all traffic laws.
2. Marshals may be placed on the course. The marshal's responsibility is to warn riders of potentially dangerous conditions. **THE MARSHALS WILL NOT DIRECT AUTOMOBILE TRAFFIC.**
3. Riders will follow all Pequot Cyclist regulations listed in the membership application.
4. Courses shall be designated by the race committee, and shall be ridden accordingly.
5. Leaving or short-cutting the course is not permitted.
6. It is forbidden for a rider to modify sections of the course or their configuration.
7. Riders may not seek help from followers, with the exception of medical and mechanical assistance.
8. In case of accident, riders shall be required immediately to administer first aid, or at least to call for help. Time losses incurred in this way shall be confirmed by the rider.
9. Repairs may be undertaken during the race, but not in any place liable to hamper or endanger riders.
10. Sections may be covered on foot.
11. Riders may not draft behind other riders or vehicles.
12. Riders will stay as far as possible to the right side of the road so that they do not obstruct the road.
13. Riders will pass others on the left side and provide a verbal warning "on your left" before passing.
14. Starts are given at half-minute intervals; each rider shall be responsible for observing the starting time set for him/her.
15. Any rider dropping out of the race shall notify the race committee.
16. Riders who **have not started or have** completed the race will not loiter in the finishing area **or in any area that will obstruct the road.**
17. Riders may file objections. Objections will be provided in writing to the race committee.
18. Riders will display their race number visibly.
19. Race committee decisions are final.
20. Riders must be at least 9 years of age to participate.
21. Categories in bike racing depend on age and gender. The age-group is calculated by deducting the year of birth from the current year. Categories are as follows; Men 9-18 years old, Women 9-18 years old, Men 19-29 years old, Women 19-29 years old, Men 30-39 years old, Women 30-39 years old, Men 40-49 years old, Women 40-49 years old, Men 50-59 years old, Women 50-59 years old, Men 60-69 years old, Women 60-69 years old, Men 70-79 years old, Women 70-79 years old. A men's general classification and a women's general classification standing will also be determined.
22. Within each division there will be subdivisions based on the type of bicycle. Valid bicycle types are road, mountain and tandem. In order for a bicycle to be classified in the mountain category it must have knobby tires larger than 1.5 inches in cross section diameter and may not have aero bars. Recumbent bicycles may be ridden in the road bicycle category.
23. Tandem bicycles will be assigned to a racing category based on the mean age of its riders and the gender of its youngest rider.
24. Standings will be determined using a point system. For each category, points will be assigned for each night of racing. The shortest time will be assigned points equal to the number of riders in the category with each longer time being assigned one fewer point. For example, if there are three riders in a category, points will be assigned as follows.

Finishing Position	Points
1	3
2	2
3	1

25. The two worst results for each rider will not be counted with zero point results for not competing eliminated first. Points will be totaled at the end of the season to determine the victor in each category. Riders must compete in at least 33% of the races to be eligible for end-of-season honors.
26. Winning a general classification trophy disqualifies a rider from age-group trophies.
27. **The fastest rider trophy will be awarded in both the men's and women's division to the rider with the shortest time. There is no minimum number of races completed to be eligible for this trophy.**
28. **A trophy in both the men's and women's division for the most improved rider will be awarded using the following methodology. The rider's speeds are graphed as a function of the race week. A linear least-squares curve-fit is performed on the data and the slope of the resulting line is calculated. The rider with the highest positive slope wins. Riders winning general classification trophies or fastest rider trophies are not eligible for the most improved trophy.**
29. **The race will be canceled due to thunderstorms, high wind, or low visibility but will continue in rain. If the race is canceled the membership will be notified by e-mail.**